

AES APP Mentorship Program 2026

General Guidelines & Expectations

The AES APP Mentorship Program is a structured, year-long initiative designed to build meaningful connections between experienced and early-career Epilepsy Advanced Practice Providers (APPs). The program supports professional growth, wellness, and job satisfaction through guided mentorship, shared learning, and community engagement.

Program Timeline

Matches Announced: Mid-November 2025

Program Duration: December 2025 – June 2026

Quarterly Virtual Gathering: March 2026

Required In-Person Meeting: During AES 2025 Annual Meeting

Mentee Responsibilities

Come prepared with 2–3 specific, measurable goals to guide your mentorship experience.
Reach out to your mentor after being matched to introduce yourself and schedule your first meeting.
Participate in at least one structured meeting per month with your mentor.
Complete monthly assignments or discussion topics provided by the program.
Attend the March 2026 virtual event to connect with other mentor-mentee pairs.

Mentor Responsibilities

Minimum of 3 years of experience as an Epilepsy APP (NP, PA, or CNS).
Help your mentee refine and work toward their goals using SMART principles.
Commit to at least six structured meetings, including one during the AES Annual Meeting.
Provide insight, encouragement, and feedback based on your professional experience.
Offer relevant materials, networking opportunities, and guidance on AES involvement.

Quarterly Virtual Gathering – March 2026

All participants will be invited to a virtual event to share progress and insights, network with other mentor-mentee pairs, and participate in a group discussion or workshop.



Monthly Assignments

December: Program Kickoff & Goal Setting
January: Navigating Professional Growth
February: Promoting Wellness and Resilience
March: Midpoint Check-In & Virtual Gathering
April: Collaborative Learning & Skills Development
May: Strategic Goals Discussion
June: Program Reflection & Evaluation

Support & Contact

For questions, support, or feedback throughout the program, please contact Paige Romanello, p.roman@aesnet.org