



EMBARGOED FOR RELEASE:
Saturday, Dec. 7, 2019
8:45 a.m. EST

**Helen E. Scharfman, Ph.D., Honored for Excellence in Epilepsy Research
at the American Epilepsy Society's Annual Meeting**

BALTIMORE - Helen E. Scharfman, Ph.D., received the Research Recognition Award for basic science at the annual meeting of the [American Epilepsy Society \(AES\)](#), a medical and scientific society whose members are dedicated to advancing research and education for preventing, treating and curing epilepsy.

Dr. Scharfman is a professor of child and adolescent psychiatry, neuroscience and physiology, and psychiatry at New York University (NYU) Langone Health and an investigator at the NYU Neuroscience Institute. She is also a research scientist in the Center for Dementia Research at The Nathan S. Kline Institute for Psychiatric Research, which is affiliated with NYU and the New York State Office of Mental Health. Dr. Scharfman has a basic research laboratory focused on mechanisms that regulate excitability and plasticity in the normal brain of rodents and in animal models of epilepsy. She has published more than 150 articles and edited or co-edited five books.

At AES, she has served on the board of directors and numerous committees such as the publications, investigators workshop, program and basic sciences committees. She has also been a contributing editor for [Epilepsy Currents](#), AES' open access commentary journal.

She has received National Institutes of Health (NIH) support since starting her laboratory in 1991 and has served on the boards for many national and international organizations, such as the NIH, and provided ad hoc reviews for more than 40 peer-reviewed journals. She has served on editorial boards of *Science Translational Medicine*, *eLife*, *J. Neuroscience*, *Sci. Reports*, *Epilepsia*, *Epilepsy Research*, *Epilepsy and Behavior*, and *Epilepsy Research and Treatment*.

Dr. Scharfman obtained her doctoral degree in pharmacology at the Uniformed Services University of the Health Sciences and her postdoctoral training at the University of Washington, Seattle. She then worked at the State University of New York, Stony Brook, before she started her laboratory at Columbia University in New York.

AES' Research Recognition Awards are given annually to active scientists and clinicians working in all aspects of epilepsy research. The awards are designed to recognize professional excellence reflected in a distinguished history of research of important promise for the improved understanding and treatment of epilepsy. These awards include a \$10,000 honorarium.

About the American Epilepsy Society

Founded in 1946, the American Epilepsy Society (AES) is a medical and scientific society whose members are dedicated to advancing research

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and education for preventing, treating and curing epilepsy. AES is an inclusive global forum where professionals from academia, private practice, not-for-profit, government and industry can learn, share and grow to eradicate epilepsy and its consequences.

For more information, visit the American Epilepsy Society online at aesnet.org. Join the AES Annual Meeting social conversation today by following @AmEpilepsySoc on Twitter and use the hashtag #AES2019.

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